

## Equipment list

We would suggest that you bring the following items for residential visits:

- ✓ Towels
- ✓ Torches
- ✓ Soap, shampoo etc...
- ✓ Toothbrush & toothpaste
- ✓ Pyjamas and nightwear
- ✓ Change of clothes
- ✓ Indoor shoes or slippers
- ✓ Appropriate footwear for outdoor activities, e.g trainers or suitable shoes

Own property such as shoes/trainers should only be cleaned using the outdoor taps around the site. Buckets and brushes can be provided upon request.

- ✓ Old casual clothing for daytime outdoor activities
- ✓ Waterproof jacket and Wellington boots (we have a limited supply)

They will need to be signed in/out by visiting staff and returned to Herd Farm staff.

- ✓ Coat
- ✓ Casual clothes for indoor evening activities
- ✓ Small amount of change for the pay phone
- ✓ Any regular medication – Herd Farm staff must be informed

All the above items should be packed into a small travel bag.

We strongly advise you not to bring any of the following:

- Valuables
- Money - there is no shop and all food is provided
- Hair dryers - these are provided in all rooms
- Mobile phones: There is extremely poor reception for mobile phones on site.

Please note: All visitors have access to the payphone in the main building, telephone number 0113 269 3563.